



## New to Me / Week 1

If you could get one new thing right now, what would it be?

What are some examples of change you might experience in the next couple years?

What are some potential positive impacts of those changes?

What about the potential negative impacts?

What emotions or feelings do you experience when you go through change?

Read Ecclesiastes 3:1-8

How might knowing change is a part of God's design impact the way you see it in your own life?

What do you think it means to embrace, or accept, change in your life?

This week, what's one way you can...

- a. Acknowledge change?
- b. Accept change?
- c. Anticipate change?